A global surgery, obstetrics and anaesthesia metamorphosis

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NEGLECTED NO MORE

Just 3 years ago it was inconceivable to imagine the trajectory that the ‘Global Surgery’ movement would take. Three years ago, surgery was the ‘neglected stepchild’ of global health, too fragmented and nebulous to take part in the global health discourse and existing almost exclusively as missions or site-to-site partnerships.1 In 2013, The Lancet commissioned an investigation into the state of surgical care worldwide. By the end of 2015, this report, a collaboration including over 110 countries, was published (Lancet 2015; 386: 569–624).2 The Disease Control Priorities, third edition, had dedicated its entire first volume to highlighting the cost-effectiveness of surgery.3 The World Health Assembly had passed resolution 68.15 to include emergency and essential surgery and anaesthesia care as a component of Universal Health Coverage (http://apps.who.int/gb/ebwha/pdf_files/EB135/B135_3-en.pdf).4 In addition, the World Bank—through its president Jim Kim—called for time-bound targets for global surgery and by April 2016 the World Bank had accepted four surgical indicators in its World Development Indicators (WDIs) dataset (Table 1).5–7 Two years after the launch in 2017, the first National Surgical, Obstetric and Anaesthesia Plans (NSOAPs) were launched by Zambia and Ethiopia.8,9 By early 2018, a second worldwide wave of WDI collection had been completed, four countries had completed NSOAPs and many more are in progress.10 What is needed next for global surgery, obstetrics and anaesthesia is not a simple linear process; rather, it is a cycle of three co-dependent elements: data, NSOAPs and funding (Figure 1).

DATA-DRIVEN ADVOCACY

Much of the success of the last 3 years can be attributed to data and, more precisely, data-driven advocacy. The Lancet Commission on Global Surgery and its associated publications generated over 50 original articles and over the last 5 years publications in global surgery and anaesthesia have increased fourfold. It

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<thead>
<tr>
<th>No.</th>
<th>Indicator</th>
<th>Definition</th>
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<tr>
<td>1</td>
<td>SAO density</td>
<td>Physician surgery, anaesthesia and obstetric providers per 100,000 population</td>
</tr>
<tr>
<td>2</td>
<td>Procedure density</td>
<td>Procedures performed in an operating room per 100,000 population</td>
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<tr>
<td>3</td>
<td>Impoverishing expenditure</td>
<td>Direct out-of-pocket payments for surgical, obstetric and anaesthesia care that drive people below a poverty threshold</td>
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<tr>
<td>4</td>
<td>Catastrophic expenditure</td>
<td>Direct out-of-pocket payments for surgical, obstetric and anaesthesia care exceeding 10% of total income</td>
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SAO, surgery, anaesthesia and obstetrics.
is precisely because of this work on consensus building and data generation that the World Bank accepted four surgical/anaesthesia indicators (see Table 1). By endorsing these surgical metrics as WDIs, the World Bank creates a framework for countries to collect and transparently report progress, as Jim Kim challenged the global health community to do in 2014. Once collected, data can be used to advocate for improved access and quality of surgery, obstetric and anaesthesia care by shining a light on the current poor situation of surgery, obstetrics and anaesthesia worldwide, tracking progress made and creating evidence for policies that work to improve surgical outcomes. As the world moves towards results-based financing and impact investing, the goal is clearly to have high-quality data attract funding to improve surgery, obstetric and anaesthesia care and assess what does and does not work.

Despite these benefits, the global surgery community is at risk of losing this great opportunity afforded by the World Bank. To date, although there are data on up to 71 countries for some indicators, this has been achieved through externally driven efforts. No countries are systematically collecting and reporting the WDIs on a national scale. The most logical solution is to integrate WDI collection into existing international tools and collection mechanisms. Examples include the integration of surgery-themed questions into some of the world’s largest assessment tools such as the Demographic Health Survey or the Harmonized Health Facilities Assessment, developed with the World Health Organization (WHO) and to be launched in the next year.12,13

**NSOAPS PREPARE THE PATH**

‘If you don’t know where you are going, any road will get you there’.14 For decades, national, regional and global health planning ignored surgical care delivery. If global surgery was a ‘neglected stepchild’, then anaesthesia was its ‘invisible friend’. The solution to this lack of data collection involves NSOAPs, uniting all three communities, that are fully integrated into national, regional and global health strategies. Regular reporting of indicators is possible and in fact the norm for many health programmes. Take, for example, maternal and child health, for which 90% of countries report their annual maternal mortality rates.15 Through the establishment of NSOAPs, a country lays out a comprehensive strategy for improvement of surgery, anaesthesia and obstetric care across all six building blocks of the health system: workforce, infrastructure, service delivery, information management, finance and governance.16 The creation of the plan itself mobilises the surgery, anaesthesia and obstetric community in a country, brings a new prioritisation of surgery, obstetric and anaesthesia care and incentivises the collection of the indicators to serve as a baseline against which to measure progress and direct activities. Perhaps most importantly, the NSOAP lays out the mechanisms, data flows and governance systems responsible for collecting, collating and escalating data. In isolation, the World Bank request to collect the surgical WDIs, as has been seen, is an insufficient incentive. However, if these form part of a more comprehensive effort to elevate surgery, anaesthesia and obstetric care cohesively on the national agenda, and there is a clear definition of how these indicators should be collected, surgical indicator collection will be hardwired into each country’s monitoring and evaluation strategy. Going forward, countries that have completed their NSOAPs will serve as international leaders and experts to mentor and guide other countries through the process. To facilitate this process, engagement will be required from strong regional advocates such as the WHO Regional Offices, the African Union and the Southern African Development Community. These regional actors can provide technical support, financing, international advocacy and data collection.

**FINANCE THE CHANGE**

Writing and costing an NSOAP is only the first step; a critical mass of the activities need to be funded concurrently or the co-dependent cogs of the system will not turn. The unreliable drip of location- and disease-specific funding will not achieve the goals of strengthening health systems and Universal Health Coverage, which covers emergency and essential surgery and obstetric and anaesthesia care. Innovative ways of blending diverse sources of funding for NSOAPs will be needed. First, countries will need to mobilise domestic funding for NSOAP implementation and for healthcare more broadly, as, for example, was pledged by the African Union in the Abuja Declaration.17 Estimates have shown that 85% of funding for Universal Health Coverage can be met with domestic resources.18 However, this financing will need to be augmented by other sources, especially in the initial stages.19 Much of the financing required for NSOAP implementation is also needed for the majority of other health interventions, including reliable supply chains, water, electricity, blood banks and oxygen to name but a few. By ensuring that NSOAPs are written to complement, coordinate and not duplicate other funded policies and initiatives, the additional price tag associated with the NSOAP will co-fund other programme and development sectors. Finally, as well as looking to external funding, the coordinated expansion of surgery, anaesthesia and obstetrics creates a unique opportunity to create shared value that will expand markets and create health equity concurrently.20 By creating systems that consistently deliver surgery, anaesthesia and obstetrics, NSOAPs create a consistent market for surgical devices and supplies and therefore a strong business case for industry investment.

No matter what the mechanism, all funders require data. The collection of data, notably the WDIs, will create the data that investors and donors require in order to make a case for investment, calculate the proposed return on investment and measure the real impact that investment is having on population outcomes.

**CONCLUSION**

Data create evidence to show that improvement is needed. NSOAPs build the roadmap for the process. Funding allows for the metamorphosis from plan to implementation and, coming full circle, data prove the impact of that investment and monitor progress.
towards Universal Health Coverage and realisation of the Sustainable Development Goals. None of this will be possible unless all of the communities involved—anaesthesia, surgery and obstetrics—work in partnership, realising that the ‘elephant in the room’ is social change and health equity.

REFERENCES


